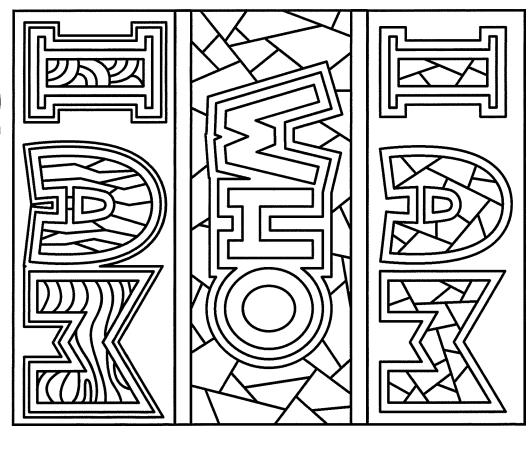
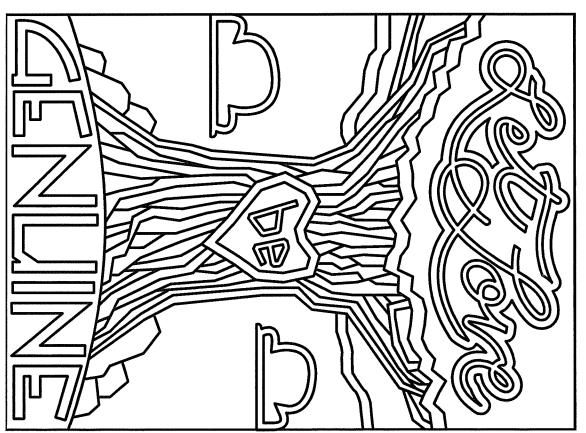
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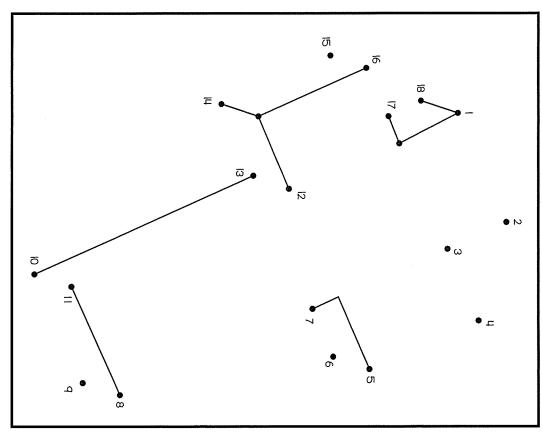
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Activities based on Exodus 3:1-15, Romans 12:9-21, Matthew 16:21-28.



## ONNE (Trhe :: :: ::

In Matthew 16, Jesus says that if we want to follow him, we need to "pick up our cross." Connect the dots to form the cross. Inside the cross, write or draw some challenges you are carrying right now. Think about how Jesus shares the load with you.





Romans 12 gives important instructions on how to truly follow Jesus - love one another, be passionate in spirit, serve God, rejoice in hope, be patient in hard times, always keep praying... Draw a picture of what it looks like to do these things.

